LAUNCESTON TEN

'TAME THE TEN' TRAINING PROGRAM

ENTRY FORM

Name: ..... Contact Number: .....

Address: .....

Email Address: .....

Entry Fee: UTAS UniGym Member **$ 120** Non-Member **$ 150** Total $ .....

All participants are required to complete the SMA Pre-exercise Screening Questionnaire and Cardiac Risk Factor Screening prior to participating in this program. All participants must answer questions truthfully to the best of their knowledge. Participants may be required to undergo a medical assessment by a GP prior to commencement of the program.

PERSONAL TERMS AND CONDITIONS

I understand and agree that that I participate entirely at my own risk. I am aware of the risks involved in participating (including any specific to my health or physical condition), having sought independent medical advice if necessary, and I voluntarily assume all risks associated with my participation. I accept that the University of Tasmania ('the University') excludes all liability whatsoever for any death or personal injury that I suffer as a result of participating, whatever is the cause, including where the University or its staff are negligent. I forever fully release the University, including its staff, from any such liability and I waive any present or future rights that I may have against any of them in relation to any such death or personal injury. I understand that 'participate' means my participation in any Unigym activities or classes and/or my use of any Unigym facilities or equipment.

I agree to the Personal Terms and Conditions, and to complete the above stated SMA Pre-exercise Screening Questionnaire and Cardiac Risk Factor Screening prior to commencement in this program.

Signed: ..... Date: ...../2010

DEADLINE FOR ENTRIES IS THE 19th of May 2010 NO LATE ENTRIES WILL BE ACCEPTED

Payment Method: CASH ☐ CHEQUE ☐ CREDIT CARD ☐

CREDIT CARD PAYMENTS:

Credit Card Number: ☐☐☐☐ ☐☐☐☐ ☐☐☐☐ ☐☐☐☐

Expiry Date: _____/_____/

Cardholder's name: _____ Cardholder's signature: _____

Cash and Cheque payments can be made at Unigym Reception.
Or post to: Unigym, Locked Bag 1328 Launceston 7250

SPORT & RECREATION, UNIVERSITY OF TASMANIA

Your one stop fitness solution

LAUNCESTON Brooks Road, Newnham T. 03 **6324 3092** e. launceston@unigym.com.au
HOBART Grace Street, Sandy Bay T. 03 **6226 2084** e. hobart@unigym.com.au
BURNIE Mooreville Road, Burnie T. 03 **6430 4949**