



## Dojo Induction Information

### **Dojo Use / Access / Requirements**

Unigym Launceston and Hobart have available for staff, students, guests, and interested groups or clubs, a competition standard Dojo or Martial Arts facility.

The Dojo is an environment specifically designed to train or compete in Martial Arts such as Judo, Aikido, Karate, and Tae Kwan do.

### **Use of the Facility**

If groups or individuals are interested in hiring the facility, please contact the Unigym reception for availability and to discuss your requirements and associated charges.

If the facility is available, you will need to complete a [Booking Request Form](#) that can be downloaded from the Unigym website: [www.unigym.com.au](http://www.unigym.com.au). Please ensure if you are booking the facility for a group or club, you do have public liability insurance cover.

### **Dojo Memberships**

Dojo memberships are available for individuals wishing to train independently and use the facility on a casual basis. Please note: Bookings do take priority over casual usage.

Dojo memberships only allow clients limited access, restricted only to the Dojo facility. Casual visits without a membership are not permitted.

### **Dojo Inductions & Rules**

A Dojo induction covers a tour of the facility, the rules for use and maintaining the space, and how to deal with blood spills.

The rules for using the facility include:

- Appropriate clothing must be worn whilst using the mats (loose fitness clothing or specific martial arts garments). Jeans, clothing with buttons, studs or sequins are not permitted.
- Shoes of any description must be removed before stepping onto the matted floor.
- Weapons of any description or any equipment (except fit balls or medicine balls) must not be placed or used on the matted floor area.
- Food or drink must not be consumed on the matted floor area.
- Mats are not to be moved or lifted.
- If any damage is noticed on the mats, it should be reported to the Unigym reception immediately.

Name of Staff Member taking/processing Induction: \_\_\_\_\_ Date: \_\_\_\_\_

Any Comments:

- Blood spills must be cleaned up immediately using luke-warm water and paper towel, or clean towels may be requested from the Unigym reception (disposable, protective gloves should be worn when cleaning up blood spills and are available from reception).
- Please report any blood spills to the reception.
- All users of the Dojo must first report or check in at the Unigym reception.
- Heating or light switches must not be touched.
- Once finished with the facility, all shutters and/or windows should be closed.
- Any dust, debris or particles should be reported to reception to ensure it is rectified quickly.

\*\* We are very fortunate to have such specialised, contemporary facilities to offer and request that all users or intending users treat them with optimal care and respect.\*\*

### **Disclaimer (Group/Club/Individual)**

I, ..... of ..... sports club/group sign this form on behalf of the above-stated club/group, and agree that this club/group and its individual participants will use the Unigym Dojo facility for the specific purpose of .....

I/we agree to utilise the facility in accordance with the rules/policies guiding its use of which we have been fully informed of during our induction with a Unigym staff member. I/we understand that should any damage to the mats/facility occur during our booking, we are liable to pay for such damages.

I/we understand and agree that I/we participate entirely at my/our own risk. I/we am aware of the risks involved in participating (including any specific to my/our health or physical condition), and having sought any necessary independent medical advice, I/we voluntarily assume all risks associated with my/our participation. I accept that the Unigym excludes all liability whatsoever for any death or personal injury that I/we suffer as a result of participating, whatever the cause may be. I/we fully release the Unigym and its staff from any such liability and waive any present or future rights that I/we may have against any of them in relation to any such death or personal injury. I/we understand that to 'participate' means my participation in any Unigym sporting activity or class, and/or my/our use of any Unigym facilities or equipment.

Signed ..... on ...../...../2009.

Name of Staff Member taking/processing Induction: \_\_\_\_\_ Date: \_\_\_\_\_

Any Comments: